

# Heartbeat Hope Medical

## 2016

# COOKIE RUN

5K Fun Run

2K Kids Fun Run (ages 12 & under)



Join us for a Fun Run as we raise money and awareness for Hope Medical Pregnancy Center in Tiffin. You are invited to run the route. There will be cookie stations for you to stop at, if you choose, and eat cookies to shave time off your run. Enjoy a morning run, food, and fellowship.

### Register by September 2 to guarantee a t-shirt:

- 2K Kids Fun Run (ages 12 & under) \$5 without t-shirt; \$10 with t-shirt
- 5K Fun Run with or without cookies— \$30 without t-shirt; \$35 with t-shirt
- Day of Race—\$35 donation (no shirt)

REGISTRATION FORM— Complete and mail to Heartbeat Hope Medical, Cookie Run, 1243 Napoleon St, Fremont, OH 43420. Call 419-334-9079 with questions or register online at [www.friendsofheartbeat.org](http://www.friendsofheartbeat.org)

Name \_\_\_\_\_ Phone \_\_\_\_\_

Telephone \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Age group (circle)    12 & under    13-18    19-29    30-40    41-50    51-60    61-75    75+

Shirt Size (circle)    YM    YL    S    M    L    XL    XXL    XXXL    Amount Enclosed \_\_\_\_\_

Registering for (circle)    2K Kids Fun Run    5K Run    Participating in cookie eating (circle)    yes    no

By participating in the Hope Medical Cookie Run on September 17, 2016 at the Train Depot in Tiffin, Ohio, I, my heirs, assigns and my estate, waive and forever discharge Heartbeat Hope Medical, the Train Depot and sponsors from any and all claims (including lost or stolen items) that may occur as a result of my participation.

Signature \_\_\_\_\_ Date \_\_\_\_\_

