

# Heartbeat of Fremont

## PREGNANCY SUPPORT CENTER

### Heartbeat Staff

Toni Brubaker  
*Executive Director*

Monica Church  
*Assistant Director*

Stephanie Cantu  
*Bridges Coordinator*

Lori Peters  
*Nurse Manager*

Bethany Widmer  
*Office Administrator*

Crystal Hill  
*iKeep Coordinator/Educator*

Lori Laurer  
*iKeep Educator*

Marco Benevidez  
*iKeep Educator*

Amy Cuff  
*iKeep Educator*

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## Letter from the Director

### Sanctity of Life

Sanctity of Human Life Sunday will be observed on January 15th or January 22nd and marks the 39<sup>th</sup> anniversary of the US Supreme Court's Roe v Wade decision which legalized abortion on demand. When we hear the word "anniversary" it usually conjures up feelings of joy and happiness but not in the case of the Roe v Wade decision. I recently read that over 55 million abortions have been performed since 1973. In 2010, in Ohio alone, 28,123 induced abortions took place. Those numbers are nothing to be happy about!

Abortion was not a solution then and it is still a tragedy today. If you think about it, it's amazing that the pro-life movement still even exists in the culture that we live in. We are fighting against the media and entertainment world which is constantly saturating us and our children with wrong messages. We are "out-financed" and "out-gunned" every time but we also have some powerful ammunition. Just like the biblical story of David and Goliath, we have something the pro-choice movement does not...

### Divine Intervention

We see it here at Heartbeat.

- The girl who never heard of us before but one of her friends did
- The mother who was told by her co-workers to take her teenage daughter to get an abortion but someone who had just heard of us less than a week ago spoke up and told her to come and talk with us
- The young girl who drove by and noticed our building for the first time and then found out she was pregnant two weeks later
- The woman who for years lived with the secret of her abortion and after finally sharing it was called to help another young woman facing the same choice.

### Divine Intervention... God is still God!

Did you know that Heartbeat of Fremont also will have an anniversary of 39 years this coming May? For 39 years this community has had a place to go to and receive life-affirming encouragement and support. We are blessed to have the opportunity to empower and impact women and men to choose life for their unborn children. We are so thankful for each and every person who has a passion for this ministry and helps us however they can. Thank you. It matters. It counts. It makes a difference.

**Please join us for our 3<sup>rd</sup> annual "Light the Night for Life" held at Heartbeat on January 28th, at 6:00 pm. This event is a candle lit prayer service for the unborn.**

Are you part of a civic group like Rotary or Exchange Club? Are you plugged into a small group, Sunday School class, or Bible study? If you are a member of any groups or gatherings, we would love the opportunity to attend as a guest speaker. No group is too large or too small. Ask your group leadership about having a team member from Heartbeat/ Hope Medical Center to come and share about our mission and our services.



## IMPORTANT NEWS

### Banquet 2011 Update

Thank you to all of you who underwrote and attended the Banquet this year. Because of your faithfulness, we were able to raise about 70,000 dollars at our event. We are truly blessed at Heartbeat/Hope Medical with such amazing supporters!

### Have A Heart For Tea

The Summer Kitchen in Helena is once again hosting "Have a Heart for Heartbeat Tea" on Sunday, February 26, 2012, at 2pm. The Summer Kitchen generously sponsors this sit-down four-course tea with all proceeds to benefit Heartbeat. Tickets are \$30 per person and are tax-deductible. Tickets will go on sale during regular business hours starting February 2 at 9am and must be purchased at Heartbeat; requests to reserve tickets by phone will not be accepted. This is a wonderful event, so please mark your calendar and come in to purchase your ticket! Feel free to contact Crystal Hill at the office for further details.

## Bridges News

Wow! Can it possibly be that another year has passed us by? I must say that it has been a good year full of changes challenges...some good, some bad, but we have made it through. Somehow when it seems we won't make it, God knows just what we need and pulls us up out of the miry clay! We just have to remember to stay focused on Him, even when it seems He's not listening. I think that is probably my lesson for 2011, in work, at home, and just my everyday life all the way around! Above all, God is good! We have had a good year in our Bridges program. I have slowly but surely learned the ropes and now feel pretty confident in my job. I have built so many amazing relationships with these young mothers and their babies. Last month one of my couples, who you may remember from the banquet, moved back to Washington. My husband and I had gotten pretty attached to them and decided to have them over for supper, and we had such a nice time eating and fellowshiping. Now they are gone, but we are so thankful for the time that we had to mentor them and hopefully influence them for the good. I believe we have made lifelong friends as we are keeping in contact and hoping to save money to be able to attend their wedding next year. Relationship is the key to this program! We are helping these girls to feel loved, acknowledged and important! I have found that I have no problem in filling all of these areas! In ending I would like to ask help from anyone who has time to provide a meal or be a guest speaker, there is always a need especially this time of year when we are starting all over again! Also, a sincere thank you to the KRAAK foundation for sponsoring our EWYL program.

Stephanie Cantu  
Bridges Coordinator

## iKeep News

The iKeep staff had a fantastic fall semester. The iKeep educators presented our curriculum at Sandusky County Juvenile Detention Center, WSOS afterschool programs and surrounding public schools to more than 350 individuals between the months of September and December. We were able to conduct an anonymous survey to 220 students to assess what their thoughts were regarding abstinence, both before we spoke as well as after our 5-day program. I am in awe of the changes in their responses, and I'd like to share a few of the results with you.

Question: I have made a personal commitment to remain abstinent from sexual activity until marriage.

Results: Pre-Presentation Survey... Yes -54 No -91 Unsure/Undecided -75

Post-Presentation Survey... Yes -119 No -82 Unsure/Undecided -3

Question: What would you say is your #1 concern when considering becoming sexually active?

Result: #1 answer was pregnancy

Question: Where do you get your information regarding sexual activity and its effects?

Result: #1 answer was friends

Due to students being absent our pre/post survey results numbers could be altered.

I am extremely excited that our presentation changed the viewpoints of 81 students, giving us a total of 119 students who after our 5-day program have made a commitment to abstain from sexual activity. However, I am uneasy that their #1 concern is pregnancy and not the concern for contracting a Sexually Transmitted Infection. STI are prevalent in our surrounding communities, and condoms will not protect them from these infections that are transmitted through skin-to-skin contact. It is also a frightening thought that they are seeking such important information from their friends. What do their friends, who are more than likely the same age as them, truly know about sexual activity and its effects?

If you are a parent of a child in 6-12<sup>th</sup> grade I would like to invite you to attend

**A Parent Workshop**

**Tuesday, March 13**

**6:30-8:30 and it's FREE**

We will be exploring topics prevalent to your child such as sexual activity and its effects, STI (sexually transmitted infections), and our society's viewpoint on relationships and how you as a parent can make a HUGE impact on your child's decision-making skills. Please call the office today to reserve your seat for this great opportunity.

Crystal Hill  
iKeep Coordinator

# Hope Medical News

If any of you have not yet seen our new facility, I would be so delighted to have you stop in for a quick tour. I am in on Thursdays, and the afternoons tend to be busier with clients, so a Thursday morning would be a better time for you to pay us a visit. Our contingent nurse, Kim, who was featured in our last newsletter has recently accepted a fulltime position in the oncology department at Magruder Hospital. We will miss seeing her here at Hope Medical. This does provide an opportunity to open the door for some registered nurses who have expressed an interest in volunteering their time at the center. If you or someone you know would be interested in this opportunity, I am willing to be shadowed on the days that I work either part or all of the day. Please call the center and I look forward to providing more information to you.

As always, I am encouraged by your prayers and support. I feel privileged to help deliver the message to our clients that this community values and respects them and their unborn child.

Lori Peters  
Nurse Manager

## Sponsor A Day

Are you looking for a fun way to support Heartbeat and honor someone special in your life at the same time? Perhaps you need to give a gift to someone who has everything. Maybe you are part of a civic group or another small group that is interested in making a donation. We have a solution for all of these scenarios and your gift will change lives.

Last year we started a program called "Sponsor a Day" where friends and supporters of Heartbeat had the opportunity to sponsor a day at the center. Day sponsors can choose any day of the year and name that day. Some may choose to name a day for their family or in memory of a loved one. Others may choose to sponsor a relative's birthday, a child's birthday, or an anniversary. Businesses are also welcome to sponsor a day!

Each of Heartbeat's quarterly newsletters will include the "Sponsor a Day Calendar" which will list all of the days that have been sponsored and the name given to that day by the sponsor. The week following your sponsored day, you will receive a letter thanking you for your contribution as well as an update on what happened at Heartbeat during the weeks surrounding your sponsorship. This may include client stories or updates, ultrasound pictures, and statistics on pregnancy testing, counseling, and ultrasounds.

The cost to sponsor a day is \$240. This cost is reflective of what it costs to run the basic operations of the center each day and can be paid in monthly installments of \$20. This donation is 100% tax deductible.

If you have any questions about the Sponsor a Day program or if you're interested in choosing a day to sponsor for 2012, please call the office at 419-334-9079. Or you can email us at [director@heartfire.com](mailto:director@heartfire.com) with the phrase "Sponsor a Day" in the subject line. Days are selected on a first come first serve basis, so don't delay! Heartbeat would not be able to provide our services without you and your continued support. Thank you!

**\*\*\* Please remember last year's "Sponsor a Day" does not automatically renew. Please contact us to choose your date and payment preference for this year.**

## Thank You!

We would like to thank St. Ann's Social Concerns Team, which organized and worked in collaboration with students from St. Ann, St. Joseph and St. Mary of Millersville to sponsor a Baby Shower for Heartbeat. The event was held to recognize Respect Life Sunday. They raised nearly \$1,000 in cash and gift cards as well as 3 carloads of items, such as diapers, bibs, wipes and many other baby items. What a blessing!!! They also held a small baby shower with food and games where they presented the gifts to Heartbeat. A big thank you to Pat Heyman, Jessica Zavela, Katie Schell and Tricia Reinhart for their organization of this event pictured on page 6.

## God, Mom & Me Tea

*April 22, 2012 at 2pm at Heartbeat of Fremont.* This program has been updated to provide a fun setting for encouraging and reinforcing the mother/daughter relationship while honoring the pre-teen girl as she is introduced to God's design for young women. It is a time for mothers and daughters to focus on the relationship God has intended between the two of them. This event is designed for mothers and daughters who are between the ages of 9 and 12.

With your \$25 pre-paid ticket purchase, you will receive a workbook containing materials for you and your daughter to review prior to attending the tea. On the day of the tea, both you and your daughter will enjoy a wonderful time of encouragement in God's word as well as receive a unique gift signifying your commitment to each other and the milestones that lie ahead. This will be an experience you and your daughter will cherish for a lifetime! Seating is limited, so stop by the office between March 13 – April 5 to purchase your ticket. Feel free to contact Crystal Hill at the office for further details.

*Deuteronomy 16:17*

*Every man shall give as he is able, according to the blessing of the LORD your God which He has given you.*

## 2011 Day Sponsors

January 31 – Loraine Zimmerman Birthday (Sponsor- Jack Zimmerman)  
 February 15 – Zachary Peck Birthday (Sponsor- John & Liz Peck)  
 February 17 – Dana Hudson Birthday (Sponsor- Chet and Marty Schaeffer)  
 May 5 – Angie Merklin Birthday (Sponsor-Dave & Mary Ann Young)  
 May 13 – Ted and Lisa LeJeune Anniversary (Sponsor-Ted & Lisa LeJeune)  
 May 18 –Kevin and Deb Snyder Anniversary (Sponsor-Kevin & Deb Snyder)  
 May 24 – Chet Schaeffer Birthday (Sponsor-Chet & Marty Schaeffer)  
 May 25 – Alesha Young Birthday (Sponsor-Dave & Mary Ann Young)  
 May 27 – Chad and Jamie Reno’s Wedding Day (Sponsor- Chad & Jamie Reno)  
 June 14 – Alex and Liz Robinson Anniversary (Sponsor-Chet & Marty Schaeffer)  
 June 16 – Pat Picciutto Birthday (Sponsor- Pat Picciuto)  
 June 20 – Rick and Terri Allen Anniversary (Sponsor-Rick & Terri Allen)  
 July 1 – Feast of the Sacred Heart of Jesus (Sponsor-Sacred Heart Parish Altar Rosary Society)  
 July 3 – Tessa Hudson Birthday (Sponsor-Chet & Marty Schaeffer)  
 August 5 – Josh Hudson Birthday (Sponsor-Chet & Marty Schaeffer)  
 August 12 – Josh and Dana Hudson Anniversary (Sponsor-Chet & Marty Schaeffer)  
 August 19 – Jeanine VanDerLaar sponsoring this day for a wedding, sending in details  
 September 7 – Blake Reiter Birthday (Sponsor-Tony & Sarah Reiter)  
 September 10 – Alex Robinson Birthday (Sponsor- Chet & Marty Schaeffer)  
 October 4 – Chet and Marty Schaeffer Anniversary (Sponsor-Chet & Marty Schaeffer)  
 October 9 – Marty Schaeffer Birthday (Sponsor-Chet & Marty Schaeffer)  
 October 25 – In Memory of our Angel Alaina Faith Crotty’s Birthday (Sponsor-Robert and Anna Crotty)  
 October 30 – Liz Robinson Birthday (Sponsor-Chet & Marty Schaeffer)  
 November 11 – Veteran’s Day (Sponsor-Chet & Marty Schaeffer)  
 December 22 – John and Diane Roush Anniversary (Sponsor-John & Diane Roush)  
 December 27 – Raegan Hudson Birthday (Sponsor-Chet & Marty Schaeffer)

## 2011 Year to Date Statistics

### Pregnancy Support Center

Total Clients Served	128
New Clients	84
Repeat Clients	44
Pregnancy Tests Performed	117
Positive Test Results	57
Negative Test Results	60
Ultrasounds	32
Miscellaneous Items	83
E-mail Contacts	14
In Office Consulting	13
Office - Follow up Counseling	9
Phone - Follow up Counseling	60
Babies Saved	4
Relationship Class	10

### Heart Program

Total Clients in Program	0
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### Bridges Program

Total girls in program	153
Total guys in Father Factor	80
Cards sent/calls made/visits	142
Large baby furniture issued	9
Small baby furniture issued	23
Clothing items issued	189
Baby supplies/diapers issued	314

<u>Total Clients served at Center</u>	176
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<u>Sexual Integrity Program</u>	0
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### iKeep Abstinence Program

Total Presentations	168
Total Attendance	4651

## Heartbeat of Fremont Volunteers Needed

- |  |   |
|--|---|
| <input type="checkbox"/> Office Receptionist     | <input type="checkbox"/> Pregnancy Consultant |
| <input type="checkbox"/> Bridges Advocate        | <input type="checkbox"/> Prayer Ministry      |
| <input type="checkbox"/> Church Liaison          | <input type="checkbox"/> Banquet Committee    |
| <input type="checkbox"/> Walk for Life Committee | <input type="checkbox"/> RN’S and LPN’S       |

Name: \_\_\_\_\_

Street: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

Would you like to volunteer? We are currently looking for the following (please check all that interest you):

Other skills you may have: \_\_\_\_\_

Please send to: Heartbeat of Fremont  
 1209 Oak Harbor Rd  
 Fremont, Ohio 43420

Comments or Questions? Call 419.334.9079

CLIP AND SEND





**Our Mission....**

Heartbeat of Fremont upholds the sanctity of life. We offer physical, emotional, and spiritual assistance in a warm and caring environment to persons facing issues regarding pregnancy.

We seek to build a better community by stressing the virtue of chastity and promoting strong family values.

**Memorial Contributions**

We invite you to make a memorial contribution in honor of a deceased loved one or to honor special people on any occasion. An acknowledgement letter will be sent to the family or person you designate; however, the amount of the gift will remain confidential. The name of the person being honored by the contribution, along with the name of the person making the gift, will be listed in the next newsletter.

What is the envelope for? We enclose an envelope in every newsletter for you to send a donation—any amount—to Heartbeat of Fremont. We could not exist without your support and we appreciate any and all donations. No donation is too small or too big and it all stays here to support Heartbeat of Fremont!

**If you wish to be removed from our mailing list, cut out your mailing label on this newsletter and return it in the enclosed envelope, or call the Center.**

**Memorials**

**In Memory**

*William Peters*  
GIVEN BY  
David Hershey

*William Peters*  
GIVEN BY  
Sara Michael

*Carmin Ruggiero*  
GIVEN BY  
Michael and Alice Reineck

*Quin Kathryn Shirey*  
GIVEN BY  
Mr. and Mrs. Tom Reineck



THANK YOU TO ALL WHO PARTICIPATED WITH THE ST. ANNE'S SOCIAL CONCERN TEAM! WHAT AN AWESOME BLESSING YOU ARE!

*Oh God, you are my God. Earnestly I seek you; my soul thirsts for you, my body longs for you, in a dry and weary land where there is no water. ~ Psalm 63:1*